

OUR SIZING & FITTING GUIDE

How to Measure Bra Size

How to Measure Your Band Size

- Put on your best-fitting, non-padded bra.
- Wrap a measuring tape snugly around your rib cage, just beneath your bustline.
- Adjust the tape so that it's parallel to the floor.
- Exhale deeply—you want the smallest measurement possible.
- Round to the nearest whole number and refer to the size chart.

Tip: Because bra bands tend to stretch over time, your bra should fit firmly on the last hook when new.

How to Measure Your Cup Size

- Take a loose measurement around the fullest part of your bust.
- Subtract your band size from your bust size. The difference between the two will determine your cup size.

Rib Cage	Band Size	Difference Between Bust & Band	Cup Size
26-27"	30	1"	A
28-29"	32	2"	B
30-31"	34	3"	C
32-33"	36	4"	D
34-37"	38	5"	DD/E
38-41"	40	6"	DDD/F
42-43"	42	7"	DDDD/G
44-45"	44	8"	H
46-47"	46	9"	I
48-49"	48	10"	J

Size Conversion Chart for D+

# of Ds	French	U.S.	British
1	D	D	D
2	E	DD	DD
3	F	DDD	E
4	G	G	F
5	H	H	FF
6			G
7			GG
8			H
9			HH
10			J
11			JJ
12			K

How Does Your Bra Fit?

Too Small

- Spillover on top or sides of your bra
- Center section doesn't lie flat on your chest
- Underwires poke or ride up your breasts

Too Big

- Cups wrinkle or gap between the breast and the bra
- Adjusted straps still slide off
- Band rides up in back

Just Right

- Smooth cups
- Center section lies flat on your chest
- Band is low and even and does not ride up the back

Know your size, get fitted via our virtual measuring and fitting service

Our expert will then recommend a selection to help you look and feel great. And remember, there is no obligation to purchase anything.

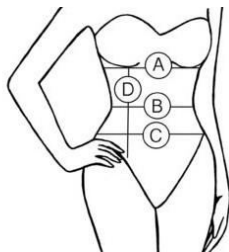
Corset Sizing Measurements Guide

As a general sizing guide, corsets should be ordered 4-7 inches smaller than your natural waist, depending on what your purpose is for buying a steel boned corset. For instance, if your natural waist is 38" and you plan on waist training we recommend a 32" corset. But if you plan on using your corset for fashion purposes, back support, improving your posture or as part of a costume, the corset should be 3-5" smaller than your natural waist. So, for the same 32" natural waist you could order a 34" corset. We recommend, for accurate sizing you send in all your measurements for a proper fit. Different corsets have different shapes and are suitable for different bodies.

There are four key measurements you need to choose the right corset size/style:

- Underbust
- Waist
- Hip
- Torso Length

Corset Measurements for Women



- A – Underbust: Measure right under your breasts.
- B – Natural Waist: Measure at the smallest part of your waist usually right above your belly button.
- C – High Hip: Measure around the iliac crest, this where you low rise jeans sit. Please do not measure around your butt/bottom, that’s too low.
- D – Torso: Start with the measuring tape at the underbust, sit in a chair, and measure to the hip crease (where your leg bends at the hip when seated). Do this at each hip and use the shorter measurement, if one side is shorter than the other.

CORSET SIZING & DRESS SIZE TABLE (GUIDE ONLY)

Corset Size To Order	Your Natural Measurements (inches)			UK	EU	USA
18"	Bust: 28-29 inch	Waist: 20-21 inch	Hips: 30-31 inch	2-4	30-32	0-2
20"	Bust: 30-31 inch	Waist: 22-23 inch	Hips: 32-33 inch	4-6	32-34	2
22"	Bust: 32-33 inch	Waist: 24-25 inch	Hips: 34-35 inch	6- 8	34-36	4
24"	Bust: 34-35 inch	Waist: 26-27 inch	Hips: 36-37 inch	8-10	36-38	8
26"	Bust: 36-37 inch	Waist: 28-29 inch	Hips: 38-39 inc	10-12	38-40	10
28"	Bust: 38-39 inch	Waist: 30-31 inch	Hips: 40-41 inch	12-14	40-42	12
30"	Bust: 40-41 inch	Waist: 32-33 inch	Hips: 42-43 inch	14-16	42-44	14
32"	Bust: 42-43 inch	Waist: 34-35 inch	Hips: 44-45 inch	16-18	44-46	16
34"	Bust: 44-45 inch	Waist: 36-37 inch	Hips: 46-47 inch	18-20	46-48	18
36"	Bust: 46-47 inch	Waist: 38-39 inch	Hips: 48-49 inch	20-22	48-50	20
38"	Bust: 48-49 inch	Waist: 40-41 inch	Hips: 50-51 inch	22-24	50-52	22
40"	Bust: 50-51 inch	Waist: 42-43 inch	Hips: 52-53 inch	24-26	52-54	24
42"	Bust: 52-53 inch	Waist: 44-45 inch	Hips: 54-55 inch	26-28	54-56	26
44"	Bust: 54-55 inch	Waist: 46-47 inch	Hips: 56-57 inch	28-30	56-58	28
46"	Bust: 56-57 inch	Waist: 48-49 inch	Hips: 58-59 inch	30-32	58-60	30
48"	Bust: 58-59 inch	Waist: 50-51 inch	Hips: 60-61 inch	32-34	60-62	32

All our corsets are designed to reduce waist by 3-4 inches and for your information 1 inch = 2.54 cm. Our Corset size refers to corset waist when fully closed. Example: Size: 22" (Waist of Corset when Fully Closed is 22 inch).

LINGERIE SIZING GUIDE

(For Baby dolls, Slips, Shapewear, Camisole, Nightgowns, Chemises & Nighties, Pajamas, PJs & Other Lingerie Sleepwear)

International Size Chart (DRESS SIZES)

Size	USA	UK	EURO	France	Italy
Extra Small (XS)	0	6-8	34	36	40
Small (S)	2-4	10	36	38	42
Medium (M)	6-8	12	38	40	44
Large (L)	10-12	14	40	42	46
Extra Large (XL)	14	16	42	44	48
XXL (2XL)	16	18	44	46	50
XXXL (3XL)	18	20	46	48	52
XXXXL (4XL)	20	22	48	50	54

SHAPE WEAR BOTTOMS/ PANTIES SIZES

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
WAIST	25/25"	27/28"	29/30"	31/32"	33/34"	35/36"	38/39"	42/44"	46/48"
HIP	35/36"	37/38"	39/40"	41/42"	42/44"	45/46"	48/49"	52/54"	56/58"

CONTACT US

Please use the guideline above for reference. If you want help you can send your measurement to us at delilahssecretlingerie@gmail.com and we will get back to you within 24 hours with the best recommendation for your body.